

# Don't take COVID19 Home

## At the clinic



No wallets / cards or put them in a ziplock bag



Have a pair of shoes just for work - leave outside your house



Leave pens at work - clean often



Phones - clean with alcohol wipes often consider keep in Ziplock bag



Bring cotton bag that you can wash to work



Use feet to open doors when you can

## End of the day



Long hand wash of hand and arm



Wipe phone with alcohol wipes



Leave pen behind

## When you get home



Leave work shoes outside



No hugs till all these things are done



Take clothes off at door if you can and go straight to bathroom hot shower with soap straight away



If no washing machine at home? Put dirty clothes in bag and wash clothes at clinic



Hot wash of work clothes and reusable bags



**Katherine West Health Board Aboriginal Corporation**