
KATHERINE WEST HEALTH BOARD ABORIGINAL CORPORATION

POSITION DESCRIPTION

POSITION TITLE:	Health Coaching Curriculum Writer and Project Officer
SUPERVISORS:	Sinon Cooney and Dr Paul Burgess
CLASSIFICATION LEVEL:	Remote Area Nurse – Health Centre Coordinator
SALARY RANGE:	Negotiable conditions as Secondment, KWHB Employee or Consultancy
STATUS (FTE):	1.0 for 12-month period

SUMMARY OF POSITION:

Health Coaching is an evidence-based way to help clients better manage their own chronic illness self-care needs by: (i) increasing client knowledge about their health, (ii) improving client self-management skills and, (iii) assisting clients with care coordination. Health coaching has been successfully implemented in First Nations PHC settings in North America and is delivered most effectively by First Nations peoples themselves. Self-management support is a significant gap in our current Aboriginal Primary Health Care (PHC) service delivery model.

The Curriculum Writer/Project Officer will work in partnership with a lead Aboriginal Health Practitioner to develop and document a Curriculum and Implementation Guide for Health Coaching in remote Aboriginal Communities in the NT. The recruitment target group is Aboriginal school leavers.

Working under the guidance of an expert steering group, meeting monthly to provide feedback, self-management resources and existing health coaching curricula will be adapted to form a training product suitable for the NT remote Aboriginal PHC environment. Indicative content will cover the five major modifiable risk factors:

- A: Airways disease and Smoking
- B: Blood Pressure
- C: Cholesterol
- D: Diabetes
- E: Emotional wellbeing
- E: Engagement with care – Client goals, Advocacy, Safe medication use

The following are the desired outputs from this Curriculum Co-Design project:

1. Curriculum for Health Coaching adapted to the NT Aboriginal PHC context
2. Health Coaching Implementation guide
3. Training package for Aboriginal Health Coaches
4. Train the trainer package for Health Coaching
5. Health Coaching competency workbook

6. Training package for PHC teams
7. Health Coaching readiness assessment

PRIMARY RESPONSIBILITIES:

1. Work collaboratively with the Aboriginal Health Coaching Lead to deliver project outputs on time.
2. Work collectively with internal and external project stakeholders to collate health coaching resources tailored to the remote Aboriginal PHC settings.
3. Manage day to day work activity including resource development, communication with steering group members and provide secretariat support for the steering group meetings.
4. Work with accreditation bodies and registered training organisations towards having the Health Coaching curriculum accredited as a Certificate 3 program and mapped to the Aboriginal Health Practitioner training curriculum.
5. Provide written and verbal reports to steering group members and stakeholders on project progress when required.
6. Any other tasks reasonably requested by the project supervisors.

SELECTION CRITERIA:

Essential:

1. A relevant tertiary qualification in a health or education related field.
2. Demonstrated knowledge and understanding of Aboriginal societies, cultures and health needs and working with Aboriginal people.
3. Demonstrated knowledge of the vocational and education training environment
4. Demonstrated flexibility, resourcefulness and excellent oral and written communication skills
5. Ability to develop and maintain relationships, work as a team member and successfully navigate a complex political environment.
6. Ability to take initiative and work independently on tasks.

Desirable:

1. Registered with Australian Health Practitioner Regulation Agency as a Health Professional
2. Current qualification in Training and Assessment
3. Curriculum development expertise
4. Experience working in or with residents from remote Aboriginal communities
5. Experience in the health sector

Note:

All KWHB employees are expected to be familiar with, acknowledge and comply with relevant policy and procedure with particular emphasis on workplace safety, cultural security and equal employment opportunity, which are significant elements of KWHB's core values

Approval:

Sinon Cooney



Chief Executive Officer

30 June 2020
